

## What is Success?

Name three people you think are 'successful.'

Why?

How did you think they did it?

What do they have in common?

## My Success ...

What is my own idea of success?

Am I there now?  
If not, why not?

What do I need to do to get there?

**Life's success is influenced by:**

***What we think of ourselves.  
What we value and have control of in our lives.  
How we use our personal assets.***

Source: Adapted from *Skills for Taking Control of Your Life* (Penn State Extension)