

Insurance Benefits

Use the following chart to record what *general* insurance and related benefits are available from your employer and at what cost to you. A more detailed health insurance checklist can be found in the Protect Your Potential section of Building Your Financial House.

Insurance Option	Coverage/Benefit/Limitations	My Cost Per Pay
Dental		
Disability		
Health (HMO, PPO, Major Medical, etc.)		
Life		
Long-Term Care		
Vision		
Other		
Related Benefits	Qualified Expenses/Limitations	My Contribution Per Pay
Flexible Spending Account (FSA) - Health Care		
Health Savings Account (HSA)		

Source: Adapted from *DollarWorks 2* (University of Minnesota)