



Know Your Policy-Health Insurance

Complete the following worksheet for your health insurance policy in order to get to know it better. Knowing your policy will help you to maximize its benefit to you.

|  Health Insurance  | |
|---|------------------------|
| Company: | Referral Phone: |
| Benefits Phone: | Billing Phone: |
| Rx Benefits Phone: | |
| Benefits | |
| Annual Maximum | |
| Lifetime Maximum | |
| Prescriptions | |
| Dental | |
| Vision | |
| Other | |
| Costs | |
| Premiums | |
| Co-payments | |
| Co-insurance | |
| Max Out of Pocket | |
| Other | |
| Limitations | |
| Network Doctors | |
| Pre-approvals/Referrals | |
| Other | |

Source: Adapted from *DollarWorks 2* (University of Minnesota Extension)